

PRESS RELEASE

For immediate release December 2020

PMA holds Big Christmas Quiz and raises funds for CPSL Mind



THE BIG CHRISTMAS QUIZ



This year PMA (Property Managers Association), are celebrating 45 years of supporting its retail members. To celebrate this achievement they decided to create a Big Christmas Quiz for their members, supporters and sponsors and in doing so raise funds for CPSL Mind.

On 9th December, 20 teams took part. All teams paid an entry fee and the PMA also organised a prize draw. In total the event managed to raise an incredible £2,100.

David Broadbent current President from The PMA said, "We chose CPSL Mind to support, given the significant impact of Covid19 and the effect of the pandemic on peoples mental health. It's so important to have free, accessible mental health services available and we are delighted to support CPSL Mind, who do such amazing work."

Zoe Doherty, fundraiser for CPSL Mind said, "We are enormously grateful to PMA and all their members for this amazing donation. This will go towards helping local people who are struggling with their mental health, especially during these difficult times. A huge thank you to PMA and all their members, supporters and sponsors who gave so generously."

ENDS

Notes to editor

- For more information about this story, please contact Zoe Doherty on 07824 360 349 or email zoe.doherty@cpslmind.org.uk

For more information about PMA or for interviews, please contact Louise Oliver on email: louise@srevents.co.uk

CPSL Mind

Cambridgeshire, Peterborough and South Lincolnshire Mind (CPSL Mind) is a dynamic, county-wide charity that supports local people in their recovery from mental health issues, promotes wellbeing and campaigns against stigma & discrimination:

<http://www.cpslmind.org.uk>

We believe that no-one should have to face a mental health problem alone. If you are facing difficulties with your emotional or mental health, and are looking for support on your road to recovery, we are here for you.

We are also committed to tackling stigma and raising awareness of the need for everyone to look after their mental wellbeing. If you are an employer, organisation or individual looking to improve your own wellbeing, or that of your employees, we can help.